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# High School Canteen Menu



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## SANDWICHES

HAM & CHEESE <b>E</b>	\$3.5
HAM, CHEESE & TOMATO <b>E</b>	\$4.0
SWEET CHILLI CHICKEN <b>E</b> LETTUCE, SWEET CHILLI MAYO	\$4.5
CHICKEN, LETTUCE & MAYO <b>E</b>	\$4.5
CHEESE & TOMATO <b>E</b>	\$3.5
EGG & LETTUCE <b>E</b>	\$4.0
CURRIED EGG & LETTUCE <b>E</b>	\$4.0
TUNA <b>E</b> LETTUCE, & MAYO	\$4.0
SALAD <b>E</b> LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT	\$4.5
CHICKEN, CHEESE & TOMATO <b>E</b>	\$4.5
CHICKEN CAESAR <b>E</b> CHICKEN, LETTUCE, CAESAR DRESSING	\$4.5
HAM SALAD <b>E</b> LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT	\$4.5

## WRAPS

	SGL	DBL
SALAD <b>E</b> LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT	\$3.0	\$5.5
SWEET CHILLI CHICKEN <b>E</b> LETTUCE, SWEET CHILLI MAYO	\$3.0	\$6.0
CHICKEN, LETTUCE & MAYO <b>E</b>	\$3.0	\$6.0
CHICKEN CAESAR <b>E</b> CHICKEN, LETTUCE, EGG, CHEESE	\$3.5	\$6.5
HAM SALAD <b>E</b> LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT	\$3.5	\$6.5

## SALADS

WATERMELON <b>E</b> WATERMELON CHUNKS	\$4.5
FRUIT <b>E</b> FRESH SEASONAL FRUITS	\$5.0
SWEET CHILLI CHICKEN <b>E</b> LETTUCE, TOMATO, SWEET CHILLI	\$6.0
CHICKEN CAESAR <b>E</b> CHICKEN, COS, EGG, CROUTONS, CHEESE	\$6.0
GARDEN <b>E</b> LETTUCE, TOMATO, CAPSICUM, CARROT, BEET ROOT	\$5.0
CAESAR <b>E</b> COS LETTUCE, EGG, CROUTONS, CHEESE	\$5.0
CREAMY CHICKEN PASTA <b>E</b>	\$5.0
PERI PERI CHICKEN SALAD <b>E</b>	\$6.0
HAM SALAD <b>E</b>	\$6.0
CHICKEN SALAD <b>E</b>	\$6.0

## CRUNCHY BREAD ROLLS

SALAD <b>E</b>	\$5.0
SWEET CHILLI CHICKEN <b>E</b> 2X TENDERS, LETTUCE, SWEET CHILLI MAYO	\$6.0
HOT CHICKEN & GRAVY <b>E</b>	\$6.0
CHICKEN, LETTUCE & MAYO <b>E</b>	\$6.0
PERI PERI CHICKEN SALAD <b>E</b>	\$6.0
HAM SALAD <b>E</b>	\$6.0
HOT N SPICY CHICKEN SCHNITZEL <b>E</b> WITH LETTUCE & MAYO	\$6.0

## SUSHI ROLLS

	x1
TERIYAKI CHICKEN <b>E</b>	\$4.0
VEGETARIAN <b>E</b>	\$4.0
TUNA <b>E</b>	\$4.0

## DRINKS

POPPER JUICE 250ML <b>E</b>	\$2.0
WATER 600ML <b>E</b>	\$2.5
OAK MILK 300ML <b>E</b>	\$2.5
OAK MILK 500ML <b>E</b>	\$4.5
ALOE VERA 500ML <b>E</b>	\$4.0
ICE TEA 500ML <b>E</b>	\$4.0
PUMP WATER 750ML <b>E</b>	\$4.0
PUMP FLAVOURS 750ML <b>E</b>	\$4.5
UP N GO 250ML <b>E</b>	\$3.0
HOT CHOCOLATE <b>E</b>	\$2.5
MINERAL WATER 475ML <b>E</b>	\$3.5
ICE BREAK COFFEE 500ML <b>E</b>	\$4.5
SOFT DRINK 375ML NO SUGAR <b>O</b>	\$2.9
POWERADE 600ML NO SUGAR <b>O</b>	\$4.5
SOFT DRINK 600ML NO SUGAR <b>O</b>	\$4.5

## BREAKFAST BEFORE 9:30AM

### COLD & FRESH

SEASONAL FRUIT <b>E</b>	\$1.2
WATERMELON BOWL <b>E</b> WATERMELON CHUNKS	\$4.5
FRUIT SALAD <b>E</b> FRESH SEASONAL FRUITS	\$5.0
YOGHURT <b>E</b>	\$3.5
MUFFINS <b>O</b> HOMEMADE ASSORTED FLAVOURS	\$3.5

### HOT FOOD

HASH BROWN <b>O</b>	\$1.5
CHEESE WRAP <b>E</b> TOASTED	\$3.0
HAM & CHEESE WRAP <b>E</b> TOASTED	\$3.5
HAM, CHEESE & TOMATO WRAP <b>E</b> TOASTED	\$4.0
BACON & EGG ROLL <b>O</b> WITH SAUCE	\$4.5
TOASTED SANDWICHES <b>E</b> ASSORTED SPECIALS DAILY	\$3.5

## FOOD CODING

**E** EVERYDAY RATED **O** OCCASIONAL RATED **ALL ITEMS ARE HALAL (EXCEPT PORK BASED PRODUCTS)**

## SNACKS

POPCORN	\$1.0
CHIPS 28GM	\$2.0
PIRANHA SNAPS	\$2.5

## COLD

SNAP APART ICE BLOCKS	\$1.0
FROZEN JUICE CUPS	\$1.5
JELLY CUP	\$2.0

## EXTRAS

SAUCE PORTIONS	\$0.4
GRAVY	\$0.5
SOUR CREAM	\$0.5
CHEESE	\$0.5

## OTHER

CONTAINER & LID	\$0.5
UTENSILS	\$0.1

## SWEET

BROWNIE	\$1.0
BANANA BREAD	\$2.5
BROWNIE BREAD	\$2.5
SLICES <b>NOT ALL SCHOOLS</b>	\$2.5

## FEBRUARY

Foods Of Asia

## MARCH

Salad Sensations

## MAY

HCA Gives You Wings

## JUNE

Jumbo Baked Potato

## JULY

Homemade Lasagna

## AUGUST

Made In America

## SEPTEMBER

Mexican

## OCTOBER

Italian Favourites

## NOVEMBER

Greek Souvlaki

## DECEMBER

Wrap Up The Year

## HOT BITES

HOT & SPICY CHICKEN WINGS <b>E</b>	EACH	\$1.5
	x4	\$5.0
CHICKEN TENDERS <b>E</b> SWEET CHILLI CHICKEN		\$2.0
GARLIC BREAD LOAF <b>E</b>		\$2.5
CUP OF NOODLES <b>O</b> TOM YUM, BEEF, CHICKEN, VEGETARIAN		\$3.5
CHICKEN BREAST NUGGETS <b>O</b>	x6	\$4.0
HOT DOG <b>O</b> WITH SAUCE (CHICKEN)		\$3.5
POTATO WEDGES <b>O</b> WITH SAUCE		\$4.0

## NACHOS

BEEF <b>O</b> BEEF MINCE WITH CHEESE - SOUR CREAM 50C	\$5.0
VEGETARIAN <b>O</b> SALSA, LETTUCE, CHEESE - SOUR CREAM 50C	\$5.0
THE LOT <b>O</b> BEEF MINCE, LETTUCE, TOMATO, CHEESE, SOUR CREAM	\$6.5

## PASTRIES WITH SAUCE

SAUSAGE ROLL <b>O</b>	\$3.8
MEAT PIE <b>O</b>	\$4.5
SPINACH & RICOTTA ROLL <b>O</b>	\$4.5
CHILLI BEEF & CHEESE PIE <b>O</b>	\$4.8
POTATO PIE <b>O</b> POTATO & BEEF	\$4.8

## RICE - PASTA - NOODLES

### DAILY

	REG	LGE
BUTTER CHICKEN <b>E</b> OUR FAMOUS RECIPE & RICE	\$4.0	\$6.0
PASTA BOLOGNESE <b>E</b> RICH BEEF SAUCE	\$4.0	\$6.0
FETTUCINE CARBONARA <b>E</b> WITH CHICKEN	\$4.0	\$6.0
BEEF LASAGNA <b>E</b> HOMEMADE BEEF		\$6.5

### PRE ORDER

	REG	LGE
TERIYAKI CHICKEN STIR FRY <b>E</b> WITH RICE		\$6.0
CURRY CHICKEN <b>E</b> WITH RICE		\$6.0
FRIED RICE <b>E</b>	\$4.0	\$6.0
ROASTED VEGETABLES PASTA <b>E</b> FRESH TOMATO SAUCE		\$6.0
VEGETARIAN LASAGNA <b>E</b> GLUTEN FREE	\$5.2	



NO FEES

\$2  
MINIMUM  
PURCHASE

## BURGERS

CHICKEN BURGER <b>E</b> WITH LETTUCE & MAYO	\$5.0
CHICKEN & CHEESE BURGER <b>E</b> WITH YOUR CHOICE OF SAUCE	\$5.0
HOT N SPICY CHICKEN BURGER <b>E</b> DEVIL FILLET & LETTUCE	\$5.5
CHEESE BURGER <b>E</b> BEEF, CHEESE, TOMATO SAUCE	\$5.5
AUSSIE BURGER <b>E</b> BEEF, LETTUCE, TOMATO, BEETROOT, BBQ SAUCE	\$5.5
VEGETARIAN BURGER <b>E</b> PREMIUM VEGETABLE PATTIE & SALAD	\$5.5

## TOASTED WRAPS

SWEET CHILLI CHICKEN <b>E</b> WITH CHEESE	\$5.0
BBQ CHICKEN & CHEESE <b>E</b> WITH BBQ SAUCE	\$5.0
MEXICAN <b>E</b> SPICY CHICKEN WITH CHEESE	\$5.0

## HOMEMADE PIZZA

CHEESE <b>E</b> WITH FRESH TOMATO PIZZA SAUCE	\$4.0
PEPPERONI <b>E</b> WITH CHEESE & FRESH TOMATO PIZZA SAUCE	\$5.0
BBQ CHICKEN <b>E</b> WITH BBQ SAUCE	\$5.0

## DONER KEBABS

DONER KEBAB & CHEESE <b>E</b> WITH BBQ SAUCE	\$6.5
DONER KEBAB & SALAD <b>E</b> LETTUCE, TOMATO, ONION CHEESE + 50C	\$7.5

## SNACK PACKS

DONER KEBAB MEAT <b>E</b> WITH SALAD OR WEDGES CHEESE + \$1	\$8.0
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\* AUTHENTIC DONER MEAT \*

## GLUTEN FREE OPTIONS

### RICE - PASTA - NACHOS

	REG	LGE
BUTTER CHICKEN <b>E</b> OUR FAMOUS RECIPE & RICE	\$4.0	\$6.0
PASTA BOLOGNESE <b>E</b> RICH BEEF SAUCE	\$4.0	\$6.0
LASAGNA <b>E</b> VEGETARIAN	\$5.2	
NACHOS <b>E</b> BEEF OR VEGETARIAN		\$5.5

### WRAP-SANDWICH-SALAD-BURGER

ANY WRAP <b>E</b> GLUTEN FREE WRAP + FILLINGS	\$6.0
ANY SANDWICH <b>E</b> GF BREAD - ADD 50C TO REGULAR PRICE	FROM \$4.0
ANY SALAD <b>E</b> GLUTEN FREE DRESSINGS + TOPPINGS	\$6.0