



THE HILLS SPORTS
HIGH SCHOOL PROSPECTUS
2024

PRINCIPAL'S MESSAGE

Welcome to The Hills Sports High School. Located in Seven Hills NSW, our school has a strong and long-standing tradition of high standards in both academic and sporting pursuits. The school is considered as one of the leading sports high schools in Australia and continues to attract students within the local community, as well as beyond, including overseas. We are one of the seven schools within the NSW Sports High School Association and proudly stand with our partner sporting high schools in fostering talent and success.

The Hills Sports High School offers a broad and rich academic program enabling students to explore their passions, as well as prepare themselves for further academic study, apprenticeships, and the workforce. Our scope of academic study enables students to balance their academic, sporting, and other extra-curricular commitments, as well as engage in flexible delivery whereby being able to fulfil both Record of School Achievement (RoSa) and the Higher School Certificate (HSC). Our students excel in their chosen pathway, enabling them to access both high-quality teaching and learning, as well as coaching in their given sport. We facilitate TAFE and Vocational Educational courses including hospitality so that our students are exposed to a variety of opportunities and experiences. We value academic achievement, hence, also offer an approved HSC pathways program to support our elite sports students in both their sporting and academic commitments.



High Potential and Gifted Education (HPGE) is at the forefront of The Hills Sports High School, with classes in Year 7 & 8 offering students the opportunity to join our 'self-select' classes. This supports our academic enrichment and extension strategies and enables highly motivated students with the opportunity to further excel.

The Talented Sports Program (TSP) offers students the opportunity to engage in an elite sports program. The program is offered across 15 sports and enables students with the opportunity to receive specialised, elite coaching in their given sport, along with the opportunity to compete for the school and hold representative duties beyond school level. Students participate in a rigorous three-tiered application process to gain selection into the program. The school has strong partnerships with the University of Sydney and Australian College of Physical Education (ACPE), along with holding the status of a high-performance school in partnership with Baseball NSW and Cricket NSW.

The school also prides itself on strong and effective student wellbeing structures, with an outstanding Positive Behaviour For Learning (PBL) program. Our wellbeing team is comprised of the Principal, Deputy Principals, Head Teachers, Year Advisors, Learning Support Staff, and the school Counsellor to work strategically to ensure that every student is known, valued, and cared for.

With outstanding facilities including a fitness centre including strength and conditioning facilities, two gymnasiums, swimming centre, cricket training nets, synthetic football pitch, hospitality trade kitchen and STEM room, the school is able build upon the outstanding opportunities it provides students.

I am extremely proud to be the Principal at The Hills Sports High School and I am certain that your child will not only receive an outstanding education, but also a wide range of opportunities that foster happiness and success.

Amanda De Carli
Principal



HOLISTIC TEACHING APPROACH

- Strong Academic Focus
- Outstanding Academic Results
- Positive Behaviour for Learning Program
- Caring Welfare and Social Skills Program
- Leadership and Inter-Personal Skills Program
- Collaborative Parent/Teacher Relationship
- Athlete Academic Support Programs



OUTSTANDING ACADEMIC RESULTS

The Hills Sports High School provides a quality education that enables all students to achieve personal excellence. Through the delivery of a diverse and comprehensive curriculum students consistently achieve outstanding results.

The 2020 Higher School Certificate results were outstanding. Over 164 results in the top 3 bands were awarded across subjects such as Biology, Chemistry, Engineering Studies, Community and Family Studies and Visual Arts.

Students received ATAR scores up to 96.7. The diverse curriculum offered at The Hills Sports High School provides relevant patterns of study for all students and enables them to pursue a variety of post school options such as work, TAFE or university. 40% of students applied for University places and all were successful.

The Hills Sports High School NAPLAN results continue to be outstanding and clearly illustrate the academic growth of our students. In year 7, 31% of our students achieved in the top two bands (Bands 9 & 10) in Spelling, 26% in Reading, and 28% in Grammar and Punctuation.

In Numeracy 32% of our students achieved in the top two bands. Year 9 students achieved remarkable growth since completing the NAPLAN test in year 7. Over 42% of students achieved results at or greater than the expected growth in all aspects of Literacy (reading, spelling, writing and grammar). In the Numeracy aspect of the test, 56% of students achieved results at or greater than the expected growth. These figures show that students at The Hills Sports High School are able to achieve beyond their expectations through the provision of quality teaching and learning programs that meet the individual needs of a diverse group of students. The school has dedicated programs for literacy including Accelerated Reader, MultiLit and Focus on Reading. The school has also introducing the Quicksmart numeracy program since 2021.

The Hills Sports High School continues to achieve outstanding academic results and provides a high quality learning environment for all of its students. This clearly demonstrates that students are able to achieve their academic goals as well as their sporting goals by attending The Hills Sports High School.

HIGH ACADEMIC STANDARDS

& How We Cater For Talented Students



At The Hills Sports High School, we make it a priority to support students to meet academic demands. From notable success in STEM to the Creative and Performing Arts, our academic programs aim to identify, nurture, recognise and support students who strive to maintain a balance between high-level sporting commitments and academic studies.

The wrap-around support we offer our students includes TSP Mentors, Academic Mentors, our Executive team, Head Teacher Wellbeing, Student Support Officer, Librarian as well as the support of individual classroom teachers. We know and value our students and aim to provide a learning environment that challenges them both in the classroom, and on the sporting field.



In order to cater for all types of learners, The Hills Sports High School offers a Self-Select stream. The Self-Select stream offers one class per year across Years 7 - 10. The class is made up of students who are intrinsically motivated and independent learners. It is a stream for those who are academically ambitious and aspirational.

Our Self-Select stream covers the required curriculum, but with a more student-centred model for learning. Teachers challenge students to think critically, get curious and creative, to solve problems and develop original ideas. Self-Select students set themselves high expectations and bring passion for learning into the classroom.

Selection for this stream happens annually. Students must reapply each year. Positions in these classes are in high demand, often with a waitlist. Students are required to provide supporting evidence to strengthen their application, including school reports from their previous year and any other awards or achievements of which they are proud to include. Applicants are required, in their own words, to justify why they should be included in the Self Select class, and to include their personal philosophy for success in learning. Teachers and parents are also required to comment on the student's suitability.

Whilst students selected for this class are academically capable, they are not necessarily the students achieving the highest grades. The Self-Select learning environment caters for those students striving for personal best in all pursuits.



ACHIEVEMENTS

2022 was a highly successful year for The Hills Sports High School with 13 Australian (a total in excess of 150 since the School's inception) 40 NSW and more than 150 Sydney West Representatives.

The School had a great year in terms of success in major competitions. The Open Cheerleading Team retained their Australian Pom Championship. Their back-to-back-to-back wins add to their previous successes and they have now won the Australian Championship for five of the last seven years.

The Open Boys Football team capped a remarkable run of form by winning the Puma Cup Trophy.

The Open Boys Rugby League Team were runners-up in the NSW Schoolboys Cup competition. Multiple players were selected in the NSW team. Harry Hassett was selected in the Australian Schoolboys team and then named Captain. Tallara Bamblett became part of history being named in the first ever Australian Schoolgirls League team.

The Open Boys' Rugby Union Team are the premier CHS Team. Our teams dominated 7's competitions winning Sports High School titles in multiple age divisions.

The Open Girls Netball Team were top 5 in the CHS NSW State KO while the 15 Years Team finished 3rd in NSW.

There were many outstanding individual achievements by Hills Sports students in 2022. Students winning Australian representation included Jesse Cameron and Owen Henderson who were selected in the Australian Schoolboys team that toured the UK. Other Football players winning National selection included Pearson Kasawaya and Max Buratto

The Hills Sports High consolidated its position as one of Australia's leading sports schools in 2022 and many of our ex-students continue to make their mark in major adult competitions;

- Brandon Starc represented Australia in many overseas competitions and was an early qualifier for the Tokyo Olympic Games in July.
- Chloe Logarzo and Kyah Simon represented Australia for the Matildas and played key roles in their success.
- Will Skelton continued his Rugby career with Saracens Rugby in Europe and was in high demand from Super Rugby teams.



- Paige Hadley played Netball for the NSW Swifts and was selected in the Australian Diamonds Team.
- Sean Abbott represented NSW in the Sheffield Shield Cricket competition while Jake Doran played for Tasmania. Nathan Sowter played for Middlesex in the English County Championships.
- Rhyan Grant continues to star for the Socceroos and Sydney FC in the A-League Competition while Nick Fitzgerald, Abraham Majok and Kosta Petratos represented Western Sydney Wanderers, Central Coast Mariners and Perth Glory in this competition.
- Wade Graham, Jorge Taufua, Reagan Campbell-Gillard, Oregon Kaufusi and Dylan Brown all played NRL. Wade won NSW Origin Selection while Dylan burst onto the scene as one of the stars of the game..
- Many other students achieved representative selection or played A-League, W-League or 1st Grade in Cricket, Rugby League and Rugby Union in 2022.



SPORTS PROGRAM

The Hills Sports High School will offer a selective Talented Sports Program in thirteen sports in 2024 - AFL, Athletics, Baseball, Cheerleading, Cricket, Netball, Rugby League (Boys and Girls), Rugby "7's", Rugby Union, Soccer, Softball, Swimming, Touch Football (Girls).

The Talented Sports Program enables students to attain their full potential and provides a pathway to the Australian Institute of Sport and State, National and Olympic representation. The School's Coaching Staff is highly qualified.

The Hills Sports High Talented Sports Program has already produced over 140 Australian representatives in a variety of sports and currently receives TSP applications from students living in all parts of the metropolitan area, country regions of NSW, all Australian mainland states and overseas. The Talented Sports Program has a high National and International profile and students from China, England, Korea, New Zealand and the Pacific Islands have sought placement in the Program in the last year alone.

Applicants for the Talented Sports Program must demonstrate elite ability in a particular sport. They undergo a trial in their chosen sport(s) and an academic review program in which they must demonstrate high standards in attitude, conduct and work habits.

The Hills Sports High School offers a world-class Talented Sports Program (TSP) designed to provide students who excel in particular sports with elite coaching and an academic framework that enables them to reach both their academic and sporting goals.

The Program aggregates talented young sportsmen and women from Sydney's west and northwest in the one school providing them with:-

- Elite coaching and access to modern sports medicine
- A Teaching Staff sympathetic to the unique problems of the sporting champion
- Special academic programs to assist them in coping with absences caused by their sporting commitments
- The opportunity to complete their Secondary Education in the company of peers with similar lifestyles, aspirations and interests.

The School's Curriculum provides students with the maximum opportunity to achieve both their academic and sporting goals. No longer will education have to be sacrificed to ensure sporting success

The provision of HSC Pathways enables students to balance their education and sporting commitments by completing their HSC over several years. This ensures that students have the option of a back-up career if injury or some other factor places them in the position of no longer being able to earn an income from their chosen sport.

Students participating in TSP are contracted to maintain satisfactory progress in their academic curriculum. Students failing to submit assignments on time, for example, will be stood down from school representation until they are up-to-date.

SPORTING EXCELLENCE IN FOCUS



PAIGE
HADLEY

NETBALL

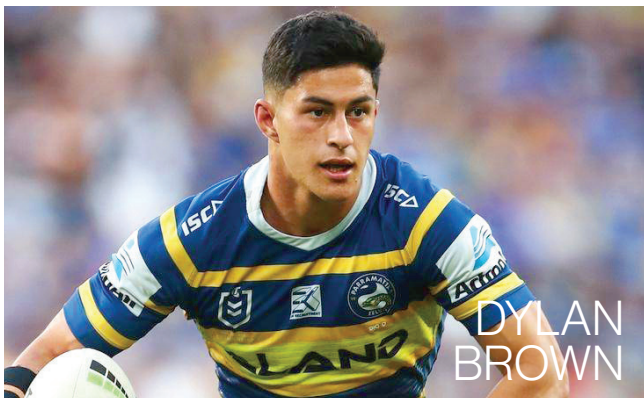
Diamonds World Champion - Netball World Cup 2015
NSW Swifts Vice Captain 2017-19
NSW Swifts Premiership Winner 2019



JAKE
DORAN

CRICKET

2019/20 with Tasmania and Hurricanes BBL



DYLAN
BROWN

RUGBY LEAGUE

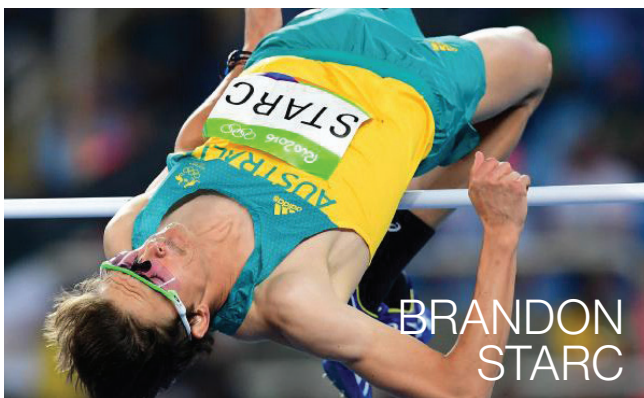
Parramatta Eels First Grade at 19 years of age



REAGAN
CAMPBELL-GILLARD

RUGBY LEAGUE

Rugby League World Cup Winner 2017
NSW State of Origin Team 2018



BRANDON
STARC

ATHLETICS

World Championship Finalist 2015
2018 Commonwealth Games Gold Medallist
2018 Diamond League Champion



WILL
SKELTON

RUGBY UNION

Australian Wallaby
Super Rugby Premiership winner
Saracens Rugby (England - 2017-20)

TALENTED SPORTS PROGRAM

SPORTS OFFERED



Boys: Year 7-12

JODIE HICKS

(Head Coach)

- AFLW GWS Giants Player
- Level 1 Coaching Accreditation
- Sydney Sixers Player

MAJOR SUCCESS

- 16's Giants Cup Champions 2013
- Western Sydney Champions 2010-2014
- Swan Shield Finalists 2013



Boys & Girls: Year 7-8 & 9-12

HOWARD SEARLE

(Head Coach) Sprints, Middle Distance and Jumps

- Level 3 Jumps, Sprints, Hurdles and relays Coach
- IAAF - School Sports accreditation
- Director - Hills Athletics Academy

DAVID BRUCE

(Specialist Coach) Throwing Events

- Australian Level III Accredited Throws Coach
- Discus, Javelin, Shot Put specialist
- Coached multiple Australian champions

NOTABLE STUDENTS

Brandon Starc (Olympian), John Crandell

MAJOR SUCCESS

- 5 x Champion NSW CHS School
- Over 30 CHS Champion relay teams
- Sydney West Champion School 2004-2016



Baseball NSW Player Development School

Boys & Girls: Year 7-12



NATHAN WRIGHT

(Head Coach)

- Level 3 Australian Baseball Federation Coaching Accreditation
- Hitting Coach Sydney Blue Sox 2013-2017
- Field Manager Baseball NSW U/23 squad

NOTABLE STUDENTS

Todd Van Steensel (Australia), Scott and Ben Cone (New Zealand)

MAJOR SUCCESS

- NSW CHS Champions 2009-10, 2016, 2018
- NSW CHS Girls Champions 2011-2016
- Players signed by Philadelphia, Minnesota and other MiLB teams, USA



Boys & Girls: Year 7-12

ALANNA MARCHANT & JESSICA GRAHAM

(Coaches)

- Level 1-6 USASF / IASF Accredited Cheer / Tumble Coaches
- Program Director and Head Coaches at Cheer Energy
- Choreographers for multiple State and National teams/routines
- Global Games Champions 2019

MAJOR SUCCESS

Multiple Australian Championships - Hip Hop, Cheer, Group Stunt and Pom routines from 2009-2016





Cricket NSW
High Performance
School

Boys & Girls:
Year 7-8 & 9-12



MITCH YEARSLEY

(Head Coach)

- NSW and ACB Level II Cricket Coaching Accreditation
- Fairfield AW Green Head Coach
- Parramatta Women's Head Coach
- Fairfield Junior Pathways Manager

NOTABLE STUDENTS

Sean Abbott, Gurinder Sandhu, Jake Doran, Luke Doran, Nathan Sowter, Claire Moore, Hayley Silver-Holmes

MAJOR SUCCESS

- 8 x NSW CHS Champions
- Current Girls CHS Champions
- 6 x Junior Sports High Champions
- 4 x Northern Districts Cup Champions

Girls: Year 7-8 & 9-12

JAMES MULCARE

(Head Coach)

- Netball NSW Advanced Coaching Accreditation
- Hawks Premier League Head Coach
- Director West Sydney Strength
- Multiple State Age Netball teams coached

NOTABLE STUDENTS

Paige Hadley (Australian Diamonds, NSW Swifts)

MAJOR SUCCESS

- 6 x NSW CHS Open Girls Finalists
- 2017 and 2018 CHS Open Girls Champions
- 3 x Undefeated Year 7/8 Champions
- Sydney West Champions 2006-2016
- 2017 NSW CHS Open Girls Champions



Rugby League

Boys: Year 7-8, 9-10,
11-12

SCOTT JONES

(Head Coach)

- ARL Level III High Performance Coach
- NSW CHS Assistant Coach 2016-17
- CHS Sydney Gold 15 Years Coach 2013-16
- Parramatta Eels Harold Matthews / SG Ball Coach 2015-17

MITCH LEWIS

(Strength and Conditioning)

- ARL Level 3 Accredited Coach
- Bulldogs SG Ball Head Coach

BRONSON HARRISON

(Strength and Conditioning)

- 196 First Grade NRL matches
- 12 Test matches for New Zealand
- NRL Work Ambassador

NOTABLE STUDENTS

Wade Graham, Jorge Taufua, Reagan Campbell-Gillard, Manaia Cherrington, Dylan Brown, Jeremy Marshall-King and Oregon Kaufusi

MAJOR SUCCESS

- ARL Schoolboy Cup Champions 2010-2011
- NSW CHS University Shield Champions 2009, 2014 and 2016
- NSW CHS 14 Years Buckley Shield Champions 2012, 2015



Rugby Union

Boys: Year 7-8, 9-10,
11-12

TEKI TUIPULOTU

(Head Coach)

- ARU Level II Accredited Coach
- Extensive work with Tongan National team
- 7's and 15-a side expertise

NOTABLE STUDENTS

Will Skelton (Australia), Steve Cummins, David Lolohea, Peter Schuster, Folau Fainga'a (Australia)

MAJOR SUCCESS

- NSW Waratah Shield Champions 2010
- NSW Buchan Shield Champions 2014-2016
- NSW 7's Champions 2010-2016





League / Rugby 7's

Girls - Year 7-12

TEKI TUIPULOTU

(Head Coach)

- ARU Level II Accredited Coach
- Extensive work with Tongan National team
- 7's and 15-a side expertise

MAJOR SUCCESS

- 3 x NSW CHS Open Girls Finalists
- Players selected in NSW and Australian U/18's teams



Football

Boys & Girls: Year 7-8, 9-10, 11-12

MARK CRITTENDEN

(Head Coach)

- Football Federation Australia (FFA)/Asian Football Federation(AFC) A License
- Extensive NSL and NPL Coaching experience
- Blacktown City 1st Grade Coach and Technical Director

MATT COSTANTINI

(Assistant Head Coach)

- Football Federation Australia (FFA)/Asian Football Federation(AFC) A License
- Sydney FC Video Analyst

NOTABLE STUDENTS

Kyah Simon, Chloe Logarzo, Caitlin Cooper, Teigen Allen (Australia), Rhyan Grant (Australia), Nick Fitzgerald, Haji Gligor (A-League), Zac Duncan (Australia 20's)

MAJOR SUCCESS

- 13 x NSW All-Schools Champions (Boys and Girls)
- 3 x Bill Turner Cup / Trophy Champions
- Over 50 Australian representatives at all levels



Boys & Girls: Year 7-12

DANIELLA COSTAGANNA

(Coach)

- Level 1 Accreditation
- NSW Softball Representative
- NSW Blue Sox Womens Baseball Team

MAJOR SUCCESS

- 10 x NSW CHS Finalists
- 6 Australian, 19 NSW and over 80 Sydney West Representatives.



Boys & Girls: Year 7-12

ALYCE BRADAC

(Head Coach)

- Senior Coach GT Performance Swimming
- Silver License Coach
- Level 1 Strength and Conditioning
- Cert III and IV in Fitness
- 19 years of experience in the industry

NOTABLE STUDENTS

Rachel Wood 7 x World Lifesaving Championships

MAJOR SUCCESS

- Sports High Champions 2014-2018
- NSW Sports High Champions 2014-2016
- Sydney West Champion School 2005-2016
- Multiple NSW CHS Relay Champions





Girls: Year 7-12

TRACEY ELLIOTT

(Head Coach)

- Australian Touch Football Level II Accredited Coach
- Coach U/18 Ryde-Eastwood Women's Team 2006-14
- Australian and NSW Touch Representative (captaining both sides)
- Current Women's Opens Player

NOTABLE STUDENTS

Ashleigh Quinlan (Australia)

MAJOR SUCCESS

- NSW CHS Open Girls Knockout Champions 2012, 2013 and 2014
- NSW Touch Association Years 9-10 Girls Champions 2012, 2013 and 2014
- NSW Touch Association Years 7-8 Champions 2012
- Sydney West Open Girls Champions 2009-2016

ACCESS

TO THE TALENTED SPORTS PROGRAM

Students applying for a Talented Sports Program placement must demonstrate elite ability in a particular sport and must satisfy high standards in attitude, work habits and academic achievement.

All students seeking placement in a TSP are required to submit an Application Form (this also applies to local community students). The selection process will include physical and skills testing in their nominated sports in addition to an examination of their school reports.

The 2023 Talent Identification Trials will be conducted primarily during the months of May and June. All applicants will be notified of the dates they will be required to attend for testing.

Selected TSP students pay a non-refundable Fitness and Administration Fee of \$100 on their acceptance into the Program.

These funds are used to employ qualified coaching and fitness staff, provide equipment and cover administration costs in each sport offered. The fee also includes the provision of training uniforms for all sports.

AFL	\$700	Rugby "7's"	\$725
Athletics	\$700	Rugby Union	\$725
Baseball	\$950 *	Soccer	\$725
Cheerleading	\$700	Softball	\$950
Cricket	\$700	Swimming	\$350
Netball	\$700	Touch Football	\$700
Rugby League	\$725		

A discount of \$50 applies if the Annual TSP Fee is paid in full by the end of the second week of the 1st Term. Parents may prefer to pay two instalments of 50% of the Annual Fee with the first payment due by Week 2 Term 1 and the second payment due by the end of Term 2. Parents should be aware however, that TSP operates on a "user-pays" basis and that students cannot be permitted to commence TSP until fees are paid. Discounts are also available to parents with more than one child in the Program.



TSP Application Timetable for Year 7 **2024** Enrolment

TSP TRIALS: May-June 2023

APPLICATIONS CLOSE: Fri 12 May 2023

ENQUIRIES: Andrew Tetley (Director of Sport)
(02) 9622 7300



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