



The Hills Sports High School

56 Best Road, Seven Hills 2147 – PO Box 657, Seven Hills 1730

Ph: 02 9622 7300 – Fax: 02 9831 6190

Principal: Mitchell Struyve



The Hills Sports High School Newsletter

From the Principal

March 2019

Welcome to the 2019 school year. I welcome all new families and students and, of course, those continuing their schooling with us as we reach the half way point in term 1.

Our classes and timetable began smoothly due to careful planning by the Deputy Principals Mr Calleja and Mrs Middleton and careful, accurate timetabling by our team once again Mrs Kennon, Mr Murie and Mr Gadow.

There have been some staff changes late last year which have resulted in some staff changes.

Mrs Kennon gained a promotion to Deputy Principal at Model Farms High School – she has been replaced by Mr Gadow who is now Head Teacher, Teaching & Learning. We congratulate both staff members on their well-deserved promotion. Our executive staff is now fully recruited and all of the Head Teachers are now moving forward with our school plan, curriculum changes, new syllabus implementation and purchasing new resources for the school and the students.

We have approximately 160 new students in Year 7 who have come to us from well over 50 primary schools. Our main feeder schools are The Meadows, Metella Road and Bert Oldfield Public Schools. It doesn't take long for students to adjust and make new friends in high school with the help of some very enthusiastic Peer Support leaders. Our year adviser for Year 7 this year is Ms Krinton (Science Department) and she has already started working with our enthusiastic new students as they settle into the school. Their camp is just around the corner (27-29 March)

P&C Meeting

Our P&C consists of a dedicated small group of parents and we meet once per term. The first meeting was held on Wednesday **20 February** and was combined with a meet the parents BBQ on the same night.

Our meet the parents BBQ started at 5.30pm and the P&C meeting followed at 7pm in the Library. We met a lot of the new parents at the BBQ and some joined us for an interesting P&C meeting mainly discussing the school website, calendars of events and progress on our new STEM room.

The next P&C meeting is scheduled for Wednesday 29 May and it commences with a short AGM at 7pm.

Uniform Issues

Students and parents are reminded that this is a uniformed school and that all students are expected to wear the full school uniform each day. So far this year, the students have looked exceptionally good in our uniform and I hope it stays this way as the year progresses – adding to the positive image of our school and the students. On the rare occasion that uniform is not possible; a note should be brought from home to explain the issue. I remind all students and parents that regulations for safety mean that we must insist on black leather school shoes (lace up).

Sports uniform may be worn on Tuesdays (all students) and Thursdays (TSP students only). If for some reason the official sports uniform is unable to be worn on that day then the formal main school uniform should be worn. TSP "training" shirts should not be worn at any time outside the allocated TSP training. Footwear on sports day should be supportive sports shoes that protect the feet.

Student Assistance Scheme

Again, as in previous years, a small amount of money has been made available by the Department of Education to assist any family in financial difficulty to meet compulsory costs associated with education. Since these funds are extremely limited, a parent wishing to access some assistance should contact the office for an application form if needed. Unfortunately these funds are not available to cover TSP fees.

Senior Students

Although the year has just started, it is very important that all students studying for the HSC and the Record of School Achievement (ROSA) in Year 10 realise that all required assessment work, class work and homework must be submitted in order for courses to be completed satisfactorily. If a course is not completed, the student will receive an N award and this could mean that the certificate or record of achievement is not awarded. In some cases a student will then be ineligible to progress on to the next school year.

Students who experience difficulty in submitting work on time must consult their class teacher or the Head Teacher to work through a solution. Mrs Middleton is also available for help and consultation.

For Year 12, there are effectively only two and a half terms left of your courses – please make sure that you are giving your best effort in all classes!

Positive Behaviour for Learning (PBL) Program – STAR

Safety, Tolerance, Achievement and Respect (STAR) is well underway and we will move the central message of all our behaviour expectations in the school to the classrooms this year. Signage is currently being placed in all classes and teachers are working on a school-wide consistent approach to managing classes to support student learning. Most students are working well in our new system and achieving great accolades for their work in all four areas.

I encourage all students to become STARs of our school, earn house points and merit cards to be eligible for great prizes and rewards.

My best wishes to all students, parents and staff as we commence the 2019 school year together.

Mitchell Struyve

Principal

Positive Behaviour for Learning

Our school values of Safety, Tolerance, Achievement and Respect are the core principles which should guide both students and staff at The Hills Sports High School.

Tolerance is the recognition that everyone is different and that we are conscious that all differences are valued.

The Hills Sports High School

Be a STAR

Listening to others

Acknowledging others

Be tolerant of others' differences

Tolerance

SAFETY. TOLERANCE. ACHIEVEMENT. RESPECT.

GRIP Leadership Conference

On Friday the 8th of March, SRC students went on an excursion to Western Sydney University to attend the GRIP Leadership Conference. This was a conference where leaders gathered from all over NSW schools. During the day we listened to talks that will help us with our leadership skills and ability to lead and inspire other students to achieve.

These talks helped us with the little “1 percenters” that will help us with fundraising ideas and making our school a better place.

We were able to choose what talks we listened to in the second and third session.

The mentors explained certain topics like how to make an AMAZING school culture and getting more students involved in school activities. When listening to the talk about an AMAZING school culture this taught us how to help students be more accepting of one another and how we can make sure people respect each other.

The Grip Leadership was a very helpful and interesting excursion which will help us with leading this school in a positive direction.



Valentine's Day 2019

SRC students sold roses and heart shaped chocolates for Valentine's Day. We sold and delivered 200 roses to students and teachers who were all very excited to be receiving a rose. We also sold 200 chocolates! All money raised goes towards our charity for 2019 Act for Kids.



Big Science Competition 2019

The Big Science Competition is open to students of all abilities from Australian and international schools. It is an easy way to challenge students from Year 7 to Year 10 and track their performance against state or national averages.

The Big Science Competition is a 50 minute, multiple choice competition testing critical thinking and problem solving skills. Questions are set in real-life, contemporary contexts, making them relatable (and interesting) and they are aligned with the Australian Curriculum – Science.

Sample Questions from the past years competitions can be seen on the following website:

<https://www.asi.edu.au/programs/big-science-competition/get-ready-for-the-big-science-competition/sample-questions/>

2019 Big Science Competition will take place from **20 May to 29 May 2019**

Kids can get their permission notes from their science teacher

The cost for the competition is **\$7**. The due date for the payment is **12th of April, 2019**.



IMPORTANT DATES:

NAPLAN ON LINE PRACTISE DATES:

Monday 25th March YR 9

Wednesday 3rd April YR 7

2019 NAPLAN ON-LINE TESTING will be held for both Year 7 and Year 9 students between the dates

Tuesday 14th May – Friday 24th May

Please encourage students to be at school during these weeks.

There will be an opportunity for tests missed due to absence, but only in the test window.

NAPLAN Online – information for parents and carers



2019

Why do students do NAPLAN?

The National Assessment Program – Literacy and Numeracy (NAPLAN) assesses literacy and numeracy skills that are essential for every child to progress through school and life. Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy.

The assessment provides parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN is just one aspect of a school's assessment and reporting process - it does not replace ongoing assessments made by teachers about student performance.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working and whether young Australians are meeting important educational outcomes in literacy and numeracy.

What is assessed?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum. All government and non-government education authorities have contributed to the development of NAPLAN materials.

In 2019 most students across Australia will sit NAPLAN online.

Feedback in the first year of NAPLAN Online showed that students engaged well with online assessments. One of the main benefits of NAPLAN Online is tailored (or adaptive) testing, where the test automatically adapts to a student's test performance. The test presents questions of higher or lower complexity, depending on a student's performance.

Tailored (or adaptive) testing is designed to assess a wider range of student abilities and to measure student achievement more precisely. Your child should not be concerned if they find questions more challenging than usual; they may be taking a more complex test pathway. A student's overall NAPLAN score is based on the number and complexity of questions they answer correctly.

NAPLAN Online is not a test of keyboard skills. There are variations in how fast and well a student can type – just as there are variations in how fast and well a student can write by hand. Year 3 students will complete the writing test on paper.

To get an idea of what the online assessment looks like, visit the public demonstration site at nap.edu.au

How can I help my child prepare?

Help your child prepare by reassuring them that NAPLAN is just one part of their school program, and by reminding them on the day to simply try their best. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance. Ensuring students are familiar with using devices, typing on them and navigating through programs are a part of student learning and a requirement of the Australian Curriculum from the first year at school.

ACARA does not recommend excessive preparation for NAPLAN or the use of coaching providers. NAPLAN is about assessing learning progress in literacy and numeracy.

Will my child sit NAPLAN on paper or online?

In 2019, your child will sit the NAPLAN online tests. However, children in some other schools across Australia will sit the NAPLAN paper tests this year. Federal, state and territory education ministers have agreed that all schools will move online by 2020. State and territory education authorities will determine when their schools move online.

As students are assessed on the same literacy and numeracy curriculum content, regardless of whether they complete the test online or on paper, results for both formats can be reported on the same NAPLAN assessment scale. To find out more about NAPLAN Online, visit nap.edu.au

Participation In NAPLAN

All students in Years 3, 5, 7 and 9 are expected to participate in the annual NAPLAN assessment.

Students with disability may qualify for adjustments that reflect the support normally provided for classroom assessments. You should first discuss the use of any disability adjustments for your child with your child's teacher.

A formal exemption may be granted for a student with disability that severely limits their capacity to participate in the assessment, or for a student who has recently arrived in Australia and has a non-English speaking background.

Your school principal and your local test administration authority can give you more information on NAPLAN Online disability adjustments or the process required to gain a formal exemption.

NAPLAN Online 2019 timetable

The assessment window for NAPLAN Online is extended from three days provided for the paper test to nine days. This is to give schools more flexibility in scheduling and accommodate schools that may have fewer devices. The NAPLAN Online assessment window starts on Tuesday 14 May and finishes on Friday 24 May 2019.

The online tests must be taken in the following order:

Test	Duration	Order	Details
Writing	Year 3: 40 min. Year 5: 40 min. Year 7: 40 min. Year 9: 40 min.	To be completed in the first two days	Year 3 students do a paper-based writing test on day one only
Reading	Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.	To be completed after the writing test	Students read a range of informative, imaginative and persuasive texts
Conventions of language	Year 3: 45 min. Year 5: 45 min. Year 7: 45 min. Year 9: 45 min.	To be completed after the reading test	This test includes spelling, grammar and punctuation
Numeracy	Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.	To be completed after the conventions of language test	This test includes number and algebra; measurement and geometry; and statistics and probability

What if my child is absent from school on assessment days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the school's test schedule. Individual students are not permitted to sit NAPLAN online tests after Friday 24 May 2019.

How is my child's performance measured?

Individual student performance is shown on a national achievement scale for each assessment. A result at the national minimum standard indicates that the student has demonstrated the basic literacy and numeracy skills needed to participate fully in that year level.

A NAPLAN individual student report will be issued by your child's school later in the year. If you do not receive a report, you should contact your child's school.

How are NAPLAN results used?

- Students and parents may use individual results to discuss progress with teachers.
- Teachers use results to better identify students who would benefit from greater challenges or extra support.
- Schools use results to identify strengths and areas to improve in teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review programs and support offered to schools.
- The community can see average school NAPLAN results at myschool.edu.au

Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at nap.edu.au/TAA
- visit nap.edu.au

For information about how personal information for NAPLAN is handled by ACARA, visit nap.edu.au/naplanprivacy



The Hills Sports High School

SECOND HAND UNIFORM SHOP



Open on the first Monday of each Month

1/4/2019, 6/5/2019, 3/6/2019,

1/7/2019, 5/8/2019, 2/9/2019,

14/10/2019, 4/11/2019, 2/12/2019

Junior girls blouse - \$10

Junior boys shirt - \$10

Senior girls shirt \$10

Senior boys shirt 10

The Hills Sports High School

Socks - \$9.00

Grey pants - \$25

Grey shorts - \$20

Sports jacket - \$30

Jumper - \$30

Sports polo shirt - \$10

Skirt - \$30

*Maroon School jacket \$40

*limited stock available



Could \$500 help you with high-school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

 laptops & tablets

 specialist subjects

 uniforms & shoes

 books & supplies

 sports fees & gear

 camps & excursions

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



everyone's family

Contact

Domenic Rosina
your local Saver Plus
Coordinator

Phone

0466 745 311

Email

domenic.rosina@
thesmithfamily.com.au

Web

www.saverplus.org.au



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.



How your school can help spread the word about Saver Plus...

Saver Plus is a free financial education program that assists lower income families to save for education costs by matching participants' savings dollar for dollar, up to \$500, and helping them build financial skills, knowledge and confidence.

Since the program started in 2003 more than 32,000 Australians have benefitted, and with the help of local schools, kinders and preschools, more families have become aware of the program. It would be great to share the Saver Plus program with your families. Here's some ideas for what could be done:

Run a **Saver Plus** notice in your newsletter

Display **Saver Plus** information on notice boards and at your front office, including flyers, brochures and posters

Include **Saver Plus** information when sending information to families about book lists, excursions, music programs or general school activities, particularly when lower income families may find it difficult to afford these school costs

Invite your local Saver Plus Coordinator to speak to parents at your events or school meetings about saving for education

Invite your local Saver Plus Coordinator to hold a free financial education session or morning teas following school drop-off for students or parents

Inform your **Student Welfare Officer** or **School Counsellor** about Saver Plus

Use other communication methods, such as text messaging parents, posting on your social media pages, or including information on your website, to inform families who could benefit from the program

For more information contact your local Saver Plus Coordinator
or contact the Saver Plus National Office:

Call 1300 610 355 | Email saverplus@bsl.org.au | Visit www.saverplus.org.au

**FUN, FITNESS
& FRIENDS
JOIN NOW!**



PLAY NETBALL

**VACANCIES FOR GIRLS TURNING 9, 10 12, 13 IN 2019
BEGINNERS TO ADVANCED WELCOME**

**TRAINING AT TED HORWOOD RESERVE BAULKHAM HILLS
GAMES HELD AT KELLYVILL NETBALL COMPLEX**

**10 WEEK SKILLS ONLY PROGRAMME FOR GIRLS TURNING
5 TO 7YRS IN 2019 HELD AT TED HORWOOD RESERVE
BAULKHAM HILLS WEDNESDAY NIGHTS**

**Enquiries & information contact the Registrar
registrar@bhnc.com.au**

BAULKHAM HILLS NETBALL CLUB

FREE TRIAL
Classes available



ARE YOU LOOKING FOR SOMETHING NEW IN DANCE?

DANCE • INSPIRE • CREATE • EMPOWER

- ✓ 1 combination class a week includes jazz, tap, ballet & some magic!
- ✓ Convenient monthly payments for families
- ✓ All Inclusive price packages, NO MORE to pay at concert time.
- ✓ A studio that makes things easy for you
- ✓ Offering a holistic approach to dance letting children explore all the performing arts has to offer.

CONTACT

WHERE Shelley Primary School
Blacktown

WEBSITE innovativedance.com.au



Registered providers for the
Active & Creative Kids Schemes

A NEW APPROACH
TO DANCE IS
WAITING FOR
YOUR CHILD.

ENROL ONLINE
TODAY

BLACKTOWN AUTISM SUPPORT GROUP



The Autism Community Network provides free support during school terms for families living with autism conditions. If you would like to meet other carers who understand you or find social opportunities for your ASD child and their siblings, please contact us or come along to our free support group meetings

When: First Wednesdays 10 am to Noon
Venue: Westpoint Blacktown - in the Food Court, Coffeeland café

For more information :
www.autismcommunity.org.au | info@autismcommunity.org.au | 9543 9036

2019 Term Calendar Dates

Term 1 – Tuesday, 29 January to Friday, 12 April 2019 (11 weeks)

Term 2 – Tuesday, 30 April to Friday, 5 July 2019 (10 weeks)

Term 3 – Tuesday 23 July to Friday, 27 September 2019 (10 weeks)

Term 4 – Monday, 14 October to Wednesday, 18 December 2019 (10 weeks)

NOTES REGARDING STUDENT ABSENCES

Dear Parent/ Carer,

If your child is absent from school or late to school, a note must be submitted within 7 days of the 1st day of absence. You can either send an email to The Hills Sport High or the note must be given to the Roll Call Teacher during Roll Call

If a reason has not been received within 7 days of the absence, the absence within remain UNJUSTIFIED.



BEST ROAD MEDICAL CENTRE



SEVEN HILLS • TOONGABBIE

**SHOP 3, CORNER OF BEST ROAD AND
MACKENZIE BLVD, SEVEN HILLS.**



FREE FLU VACCINE!

medicare
Bulk Billing

CALL (02) 9631 7200 FOR ALL APPOINTMENTS
OPEN MONDAY-FRIDAY
www.bestroadmedical.com.au



MedLab
PATHOLOGY

FULL RANGE OF HEALTH SERVICES NOW AVAILABLE

- Asthma Care
- Weight Loss

- Allergy Testing
- Mental Health/Counselling

- Immunisations
- Physiotherapy

Blacktown Youth College

Est 1997



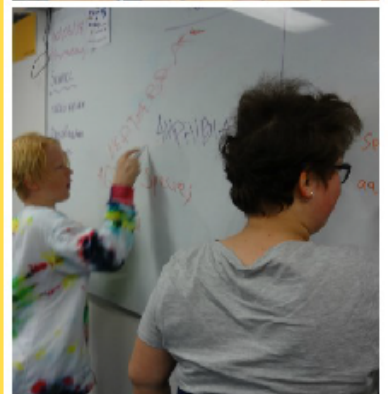
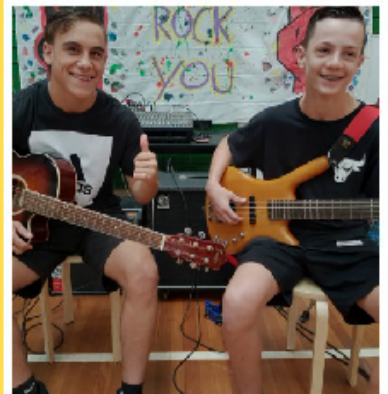
Find us on
facebook.

ENROL
NOW!

HOPE THROUGH CHANGE

Blacktown Youth College, an alternative independent school, develops hope of a brighter future for young people through a new beginning in education and a diverse program. The college fosters the opportunity for change by nurturing individual talents and personal growth to enable all students to reach their full potential.

- Years 7 to 11 (Year 12 in 2019)
- Fully registered and accredited with NESA
- Fee free and no additional subject fees
- No uniforms
- Small school environment
- Fulltime Wellbeing Coordinator
- Work education and work experience



To make an appointment for an interview or school tour, contact our main office on 02 9011 5335 between 9am and 2.30pm.

www.blacktownyouthcollege.nsw.edu.au

NOW OPEN!

Join the world's fastest
growing fitness network today

Sessions from 5:30am - 10.15am

FREE 2 WEEK TRIAL

Download the F45 Training App to
book-in



26 Powers Rd, Seven Hills

0437 505 908

www.f45training.com.au/sevenhills